Children and Young People's Mental Health and Wellbeing

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Current picture

- Future in Mind (2015) – government vision
  - Promoting resilience, prevention and early intervention
  - Improving access to effective support – system without tiers
  - Care for the most vulnerable
  - Accountability and transparency
  - Developing the workforce
- Local Transformation Plans – 5 year funding
- Five Year Forward View for MH (2016)

Future direction

- NHS Long Term Plan (2019)
  - Continue to expand access to services
  - Increase investment in eating disorder services
  - Improve access to timely, age-appropriate crisis support incl. SPA through NHS 111
  - Embed MH support in schools and colleges
  - In selected areas – develop new services for children with complex needs that are not currently being met
  - New approach to young adult (18-25) MH services to support transition

BHR

- NELFT CAMHS
  - iThrive model and STAR Workers (Wellbeing Hub)
  - Schools Links
  - Eating disorders
- Vanguard Pilot - Interact
- Digital support -Kooth
- Health and justice links
- CSA Hub

Havering

- Multiagency Children and Young People Mental Health Transformation Implementation Group

- 2018/19 LTP-funded work
  - Early Help Service - Butterflies perinatal MH support
  - CAD 0-5 - Five to Thrive
  - CAD 5-19 - ELSA
  - Youth Services/ Participation team – Go Girls and Delay
  - Havering Mind – Parent MH awareness sessions
  - AddUp - Parent sessions
  - Children's Services – Adolescent Safeguarding Hub

Havering

- Wider work
  - MHFA training
  - Promoting Positive Mental Health in the Classroom training
  - Suicide Prevention training
  - Summary of all available training can be downloaded from www.havering.gov.uk/fsh > Professionals Gateway > Training > Mental health training and support for Havering schools
  - School Counselling Services
- MH in Schools Green Paper
  - MH Support Teams
  - Designated leads
  - (Test approaches to achieving 4-week waiting times)